



TACOMA LUTHERAN

RETIREMENT COMMUNITY

THE ENTHUSIAST

A Publication of Tacoma Lutheran Retirement Community Foundation

FROM THE CEO

Happy April. This is one of the most beautiful times of the year as we witness signs of life abounding after lying dormant for a number of months. Some may think dormancy is unattractive. However, dormancy allows all living things to recharge and “burst” out with bright color and fanfare. In fact, Psalm 19.7 tells us, “The law of the Lord is perfect, refreshing the soul. The statutes of the Lord are trustworthy, making wise the simple.” What we are now seeing is a result of that refreshment!

There is a sense of excitement as you wander the TLRC campus. In addition to the beauty unfolding outside, we are thrilled to have submitted the required packet of documents to the Tacoma City Planning Department on March 15th for our planned building project. So, (after what may have appeared to be a dormant stage of work on the project) final plans were developed and submitted to begin the long entitlement process leading to approval. I will keep you updated as we move through this process.

Some may think dormancy is unattractive. However, dormancy allows all living things to recharge and “burst” out with bright color and fanfare.

I had the opportunity to travel to Washington DC recently. In addition to receiving an update on the latest trends in long-term care services and supports, I visited with most of our legislators’ staff members (Congress was in recess) on Capitol Hill. In spite of the divisive atmosphere in Washington DC these days, I was pleased with the response I received from the staff members regarding my concerns around the lack of funding and direction for providing long-term supports and services. Whether the legislator was Republican or Democrat, every staff member I spoke with seemed genuinely concerned about addressing work force needs, a lack of housing including the increasing number of homeless seniors and working to allow facilities to continue training nursing assistants despite citations received during licensure surveys. For the first time in a long time, I came back feeling more encouraged about the future of senior services and government involvement.

Finally, I would like to express my gratitude to Richard Tietjen, Bruce Gustafson and Norm Komnick for their exemplary leadership over the past 12 years on the TLRC Board of Governors. Their terms concluded at our Annual Meeting on March 24th. All three of these gentlemen played a huge role in bringing TLRC to where it is today, and their presence will be missed. Please be sure to thank them for their service when you see them.



R. Kevin McFeely, President & CEO

“For the first time in a long time, I came back feeling more encouraged about the future of senior services and government involvement.”

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Humble and Faithful: Conversations with Our Chapel Musicians

Our daily Chapel services are my favorite part of each day.

The ability to come together in worship and praise brings us together and lifts our hearts. This wouldn't be possible without our five volunteer musicians that have come together to lead worship through music.



On Sundays, Tuesdays, and Fridays, Phyllis Bachman serves as our organist, as she has for 40 years. When I asked her why she does it, she told me, "Well, I just love it! And after 40 years, I'm kind of used to it!" We can't

imagine not having Phyllis share her talent several times each week, and all who worship in Chapel are grateful for her time, talent, and dedication.



On Mondays, Evangeline Rimbach, one of our 6-plex residents and a former music professor, is our pianist. She is also a stellar vocalist, a talent she often shares at special worship services. She shares her amazing piano and vocal skills

because she simply enjoys sharing music. She told me that it is something that has been "part of my life since before I was born." Her mother often played for children's choirs in the churches where Evangeline's father was a pastor. All who worship in Chapel are grateful for her musical gifts and her willingness to share them.



Each Wednesday, Helen Huseh, a 6-plex resident and a pastor's widow serves as our pianist.

Helen also accompanies our TLRC Joyful Voices Chorus. She's a great "sight-reader" who can play anything that's put in front

of her. Helen volunteers because she loves music and the folks who come to Chapel. She often takes time after the service to greet people individually.



Randy Olson, Chaplain



Karen Goins, whose mother was a resident in our Health Center, plays for Chapel every Thursday, making the trip from Gig Harbor. Not just a fine pianist, Karen has a wonderful voice that she shares as well.

Karen told us that she volunteers because "I'm a goer and I like to be busy." We truly appreciate the music and bright joy that she brings to us.



On Saturday, Carol Bucholz serves as our Chapel organist, and has been done so for many years. Growing up as the daughter of a pastor, Carol has played since she was a youngster. She volunteers because "God's grace is better than

guilt every time!" She's been coming to TRLC since her parents, Pastor Carl Fagerlin and her mom, Elsie, lived here some years ago. She began playing the organ when she was five years old and then took lessons.

Currently, Carol is the organist at Zion Lutheran Church, and she uses Saturday in the Chapel as part of her preparation for Sunday morning. We are perfectly happy with that!

All who worship and lead in the Chapel are most grateful for these humble and faithful servants of God!

WELCOME NEW TEAM MEMBERS

It is with great joy we announce new team members!



Alexandra Jacobs, Community Relations Director

Community Relations Director Alexandra Jacobs started with us in January and has hit the ground running. Her primary goal is to help teach our outside community in Tacoma and surrounding areas what makes TLRC so great!

Alexandra got her start in 2009 in Surprise, Arizona, working as a Certified Nursing Assistant in a Skilled Nursing Facility; from there, she has grown her career. She moved back to Washington State in 2010 and started working with Life Care Centers of America in many different roles but spent most of her time there as Business Development Director. Before joining our team, she was working with CHI Franciscan as a supervisor to help open their new Rehabilitation Hospital here in Tacoma. We are excited to have her be a part of our team and look forward to seeing what we can accomplish together.



Ryan Schroeder, Assistant Director of Nursing

We are also proud to welcome our new Assistant Director of Nursing, Ryan Schroeder. Ryan received his Bachelor of Science in Nursing at Pacific Lutheran University. From there he began work in the Army as an ER and ICU nurse for eight years with one deployment to Afghanistan. After that, he worked as a cardiovascular ICU nurse at Swedish Medical Center in Seattle.

Ryan decided to make a switch to long-term care and started working at Manor Care in Gig Harbor, where he stayed for three years. While there he worked as a staff nurse, unit manager, and Staff Development and Infection Control Coordinator. Ryan applied to work at Tacoma Lutheran after he heard about the opportunity from a current employee. He really liked the feel of the place and decided to take the opportunity to further his career. We are so excited to have him come be a part of our team and already can see what a great asset he will be to TLRC.

Welcome Alexandra and Ryan!

**I give. You give.
We give, together.
MAY 8**



Visit www.givebig2019.org/TLRC

CUTTING EDGE PROGRAMMING FOR MEMORY CARE

Our It's Never 2 Late program by iN2L helps our residents with Dementia and Alzheimer's to reach goals on reducing anxiety, engage to focus, entertain to redirect and stimulate reminiscing conversations.

The program was designed specialists in Memory Care opportunities. Many caregivers, family members, and outside community have a hard time finding ways to communicate with loved ones suffering from Dementia or Alzheimer's and this program helps to aide those misconnections. It's Never 2 Late grants caregivers the confidence to care for the residents. The possibilities with this program are endless: it allows residents to Skype with their families who live far away, save home movies to their own personal screens, residents can even pick a Country

and virtually go there. Many times, when residents virtually travel to countries they have visited before they have the opportunity to remember and share with others. The program allows residents to help maintain the memories, short term and long-term memories, for a longer period.

It's Never 2 Late also adds therapy-specific programs our staff are able to document positive outcomes in our residents. The system can be utilized for residents who might otherwise be difficult to guide with a traditional approach to physical therapy, for example. Traumatic Brain Injury patients in particular benefit from these systems. It's Never 2 Late is just one more way our team of caring caregivers direct a personalized, more effective approach to our residents.

IN2L system provided through donations to the TLRC Foundation. Thank YOU to our donors.

It's Never 2 Late 
dignity through technology

SPREAD THE WORD!

What is marketing exactly? Marketing is the process we use for creating, communicating and delivering services that have value to our customers. This happens in a variety of ways: we can take an ad out in a magazine, put our name on a billboard, and use our social media platforms to help spread the joy we experience here every day, but the best way to market TLRC is by word of mouth. That's right - you are the best marketing tool we have! All successful businesses understand that their customers or, in our case, residents are the best asset to the team.

You may be wondering, how exactly can you help? One, you can take the time to talk with your families, friends, or the people you interact with everyday about TLRC, what we have to offer and what is great about living here. Two, like us on our Facebook page. Three, you can leave a review on Google and/or Yelp about us. All these things help us here at TLRC to better serve our residents and our community.

Thanks for getting the word out!



facebook.com/Tacoma-Lutheran-Retirement-Community-128260289378/



plus.google.com/u/0/107073453525336008598



yelp.com/biz/tacoma-lutheran-retirement-community-tacoma

VOLUNTEER AT TLRC

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Did you know that TLRC volunteers committed over 16,800 hours last year to assisting TLRC residents and programs?

We'd love to have you join us!

We have need for volunteers for our gift shop, drivers, ride along assistance for resident trips and tours, set up for special events and many others! You may volunteer once a year, once a month or once a week. If you are interested in meeting some very cool people and making a difference, come join us!

All volunteers must pass a background check.

For an application and form, stop by our TLRC main reception desk or for more information, email to greatday@tacomalutheran.org

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SIGN UP NOW TO BE A SPONSOR!

9TH ANNUAL

TLRC Foundation Golf Classic

Sponsored by Ankram Moisan

Highlands Golf Course

August 15, 2019—4 p.m. Shotgun

Benefits Tacoma Lutheran Retirement Community

Contact the Foundation for more
information and sponsorship benefits

(253) 284-7538 cmiller@tacomalutheran.org

